

# THE MONTHLY POINT

## *Pivot Point Newsletter*



### **National Disability Employment Awareness Month (NDEAM)**

October is National Disability Employment Awareness Month ([NDEAM](#)), a time to recognize the contributions of people with diverse abilities in the workplace and the value of creating meaningful opportunities for participation.

For adults with diverse abilities, employment can be about far more than a paycheque. Having opportunities to contribute, develop skills, build relationships and be part of a workplace can strengthen confidence, purpose and mental wellness. It can also help people move beyond simply getting through the day to building a life with greater independence and connection.

The benefits extend into the community. When people with diverse abilities are given opportunities to contribute their skills and strengths, workplaces gain dedicated employees, communities become more inclusive, and everyone benefits from a broader range of perspectives and contributions. Creating these opportunities is often a shared effort, with support agencies, employers and community partners working together to identify strengths, build skills and create pathways into meaningful employment.

At Pivot Point Family Growth Centre Inc., our [Adult Support Services](#) and L.I.F.E. Program are grounded in the understanding that every adult has strengths, interests and goals worth developing. Through individualized support, we help adults build practical skills, explore opportunities, strengthen community connections and work toward greater independence.

For more than two decades, we have been privileged to support individuals and families across British Columbia. We have seen the difference that consistent support and meaningful community connections can make, helping adults discover where their strengths can contribute and creating opportunities that benefit both the individual and the communities they live in.

That matters because no one should be expected to simply survive. Everyone deserves opportunities to participate, contribute and thrive.

NDEAM is a reminder that inclusion is not only about opening doors. It is about recognizing the value of the people who walk through them.

For 23 years, Pivot Point has supported individuals with Autism and Diverse Abilities through compassionate, client-centred and evidence-based services. Connect with our team for a [complimentary consultation](#) to explore how we can support you and your family.

#### **Newsletter Content Submissions**

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: [marketing@pivotpoint.ca](mailto:marketing@pivotpoint.ca)

#### **Newsletter Feedback**

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

## Community Spotlight: Connecting with our Communities

South Fraser Regional Manager Muskaan Arora and Vancouver/Tricities/Richmond/North Shore Regional Manager Prerna Maheshwari joined more than 10,000 community members at the vibrant Shri Krishna Shobha Yatra, in Surrey last month.

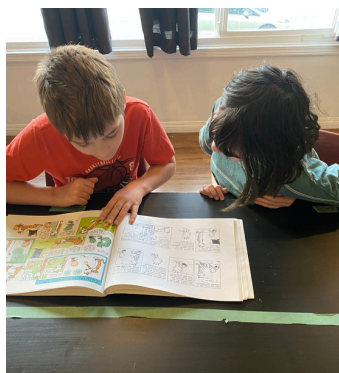


A highlight was connecting with families, hearing their stories, and sharing information about neuro affirming care available in their communities. It was a meaningful opportunity for our staff to build relationships and help families discover resources close to home.

## Finding Growth in the Everyday Moments

As parents and caregivers of Autistic and neurodivergent youth, your deepest hope is to see your child thrive in the real world.

Looking back at these throwback moments from last school year's Community Classrooms reminds us how much growth is possible in a supportive, inclusive experiential learning environment.



Explore more about our [Learning Centres](#) today.

## When Invisible Differences Become Visible Strengths

October recognizes both ADHD Awareness Month and Dyslexia Awareness Month, providing an opportunity to look beyond what others see on the surface.

ADHD and dyslexia are often described as [invisible disabilities](#) because there may be no obvious physical signs. Yet their challenges can affect learning, employment, relationships and everyday life. Difficulties with attention, executive functioning, reading, writing, processing information or organization can easily be misunderstood as carelessness, lack of motivation or not trying hard enough.

A diagnosis can change that understanding. It gives individuals, families and support professionals a clearer picture of how a person processes information and where support may be needed. Appropriate strategies, accommodations and individualized approaches can reduce barriers and change the question from **“What is wrong?”** to **“How does this person work best?”**

That shift can have a meaningful impact. A child who struggles with schoolwork may thrive with a different learning approach, while an adult may find strategies that make employment and daily responsibilities more manageable. With the right support, difficulty in one area does not have to define a person's capabilities in others.

While not universal, people with ADHD or dyslexia may have strengths such as creativity, problem-solving, curiosity, persistence, innovative thinking, strong visual reasoning or an ability to see connections others may miss. Understanding how a person's brain works can make these strengths more visible and useful.

At Pivot Point, we know individualized support begins with understanding the whole person, including their challenges, strengths, interests and goals. The goal is not simply to manage a diagnosis. It is to help each person participate, contribute and thrive.

Navigating support for a loved one? You don't have to navigate this journey alone. Book your [complimentary consultation](#) with our team today.