

THE MONTHLY POINT

Pivot Point Newsletter



Disability Employment Awareness Month (DEAM)

October marks Disability Employment Awareness Month (DEAM) across Canada, including in British Columbia, a time dedicated to highlighting the importance of inclusive employment and celebrating the contributions of individuals with disabilities in the workforce.

For many people with disabilities, meaningful employment extends beyond earning a living; it's a pathway to independence, purpose, and community. At Pivot Point, our person-centred supports are designed to empower individuals at every step of their journey. Through programs like [Transition Planning](#), we work closely with participants to identify their strengths, passions, and career aspirations, creating a personalized roadmap for success. Our [Adult Life programs](#) then provide practical, real-world skills training, covering everything from workplace readiness and communication to financial literacy and independent living. This holistic approach ensures individuals not only explore meaningful job opportunities but also gain the confidence, social acumen, and practical abilities they need to thrive in their chosen careers and broader lives. We believe in nurturing the whole person, helping them build a strong foundation for lasting independence and active community participation.

But the impact of inclusion reaches well beyond the individual. Families, employers, and communities all benefit from the creativity, resilience, and unique perspectives that neurodiverse participants bring to shared spaces. Every achievement, whether it's developing a new skill, securing meaningful work, or gaining greater independence, is a testament to what's possible when support and opportunity align. DEAM is a powerful reminder that inclusive employment isn't only about access; it's about recognizing and valuing talent. When workplaces honour each person's contributions, they strengthen their culture, enhance innovation, and set the stage for equitable communities.

This October, as we observe [DEAM in B.C.](#) and across Canada, let's embrace an inclusive vision rooted in empathy and expertise. Together, we can transform barriers into opportunities and build environments where everyone, not just participates, but truly belongs and thrives.

For more than 22 years, Pivot Point's team of dedicated professionals and staff have shared their extensive experience in supporting individuals with Autism and Diverse Abilities. [Our services](#) are client-centered, family-oriented, and evidence-based, drawing from Applied Behavior Analysis, Mental Health, Education, Speech Therapy, Occupational Therapy, Psychiatry, Neurofeedback, and other interventions as needed. All creating Positive Change!

Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

Staff Spotlight: Kiersten Beesley, M.Sc., BCBA Behaviour Consultant



This month, we shine a spotlight on Kiersten Beesley, M.Sc., BCBA, our Behaviour Consultant for East Fraser.

With a background in Linguistics from the University of Winnipeg, Kiersten found her calling in ABA while working with children with ASD. She honed her expertise with a Master's from the University of South Wales and achieved her BCBA certification in October 2021. Since joining Pivot Point in September 2019, Kiersten has been actively working with clients of all ages in the Chilliwack and Abbotsford communities.

A heartfelt thank you to everyone who came out to our **Regional Open House in Cloverdale!** It was wonderful to see so many familiar faces and meet new ones. We truly appreciate you taking the time to join us, learn more about our services, and share your valuable feedback. Your engagement makes these events so rewarding for us!

We hope you found the discussions informative and enjoyed connecting with our team. We look forward to continuing to serve the South Fraser community and beyond.



Discover more about our [Services in South Fraser](#) today!

Navigating Life's Crossroads: The Challenge of Transition Planning

Transition planning is often discussed concerning neurodiverse teens moving from school to adulthood, navigating academics, independent living, and vocational choices. This complex journey, coordinating various support systems, can overwhelm teens and families, creating anxiety. Without adequate support, this period can hinder progress, making a clear path difficult.

However, [transition planning](#) is a universal human process, a "crossroads" many face throughout life. This includes young adults exploring post-secondary or career changes, mid-career professionals shifting industries, or individuals adapting to unexpected life changes like health challenges or re-entering the workforce. Each scenario presents uncertainty, where familiar structures may no longer apply, and the "next step" is ambiguous. Recognizing this broad scope is crucial for effective support.

A core challenge in these transitions is diminished confidence in planning a new path. This can arise from fear of the unknown, past failures, overwhelming choices, or not knowing where to begin. Just as Pivot Point's programs guide neurodiverse teens in skill development and opportunity exploration, principles of self-reflection, skill assessment, and guided exploration are universally beneficial.

At its heart, effective transition planning, whether for a neurodiverse teen or an adult at a life crossroads, is about empowerment. It involves breaking down a daunting future into manageable steps, identifying personal strengths, acquiring new tools and strategies, and building a supportive framework. It's about cultivating the belief that a meaningful and fulfilling path is not only possible but within reach, regardless of life's complexities.

Recognizing this universal need underscores the importance of accessible and adaptable support services that can help anyone, at any age, confidently chart their [PATH](#) forward.

Complete our [Intake form](#) for a Complimentary Consultation today!