



THE MONTHLY POINT

Pivot Point Newsletter



Neurodiversity Celebration Week: March 17 to 23

For over two decades, we at Pivot Point have walked alongside neurodivergent individuals and their families, witnessing firsthand the incredible strength, resilience, and unique perspectives they bring to the world. As Neurodiversity Celebration Week approaches, we are reminded of the importance of shifting the narrative from deficit to strength.

Neurodiversity acknowledges that neurological differences like Autism, ADHD, dyslexia, dyspraxia, and others exist as variations in how the brain functions and develops. These differences can present unique challenges, but they also offer distinct strengths and perspectives. Celebrating neurodiversity means recognizing the diverse talents, skills, and contributions of every individual.

Our experience has shown us that understanding, acceptance, and tailored support are key to empowering neurodivergent individuals to thrive, through all life stages. Childhood and adolescence are crucial developmental periods, and while all children face behavioural challenges, the frequency and intensity can sometimes signal underlying needs. At Pivot Point, we recognize that any family struggling to manage these "conditions of childhood" – whether in a child, teen, or adult – deserves access to the right support.

We understand that as supportive school environments and childhood services fade or cease to exist, families often struggle to find effective support for their adult children who require ongoing support due to their neurodivergence or other developmental differences. Pivot Point's programs are designed to address this gap, offering a full range of services for families with diverse needs, from minor parenting concerns to significant clinical challenges.

During Neurodiversity Celebration Week, let's commit to fostering inclusive environments where everyone feels valued and respected. Let's challenge biases, promote understanding, and celebrate the richness that neurodiversity brings to our communities. Contact us to learn more. Together, we can build a world where every individual, regardless of neurological differences, has the opportunity to live their best life.

Pivot Point helps to create resiliency in all three levels: Children and adults with Diverse Abilities are recognized as individuals; celebrated for their whole character and potential. Families are embraced as essential in the process of change and the building of success. Community members are welcomed to join with individuals and their families in their quest for health and happiness.

Learn more about our <u>System of Care</u> today!

Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our Feedback & SuggestionForm. Thank you for your input!

Meet Guneev Arora Regional Manager for South Fraser



With a warm heart and a wealth of expertise,
Guneev has truly enriched our organization and the lives of so many individuals and her team. Her compassion shines through as she empowers families, especially those with autistic and neurodiverse members.

Holding diplomas in Developmental Services and Healthcare Management, Guneev has years of frontline experience providing personalized care, as well as delivering effective training for staff and parents. She's dedicated to building supportive communities and ensuring accessible resources. We're so grateful for her commitment and positive impact!

Vernon Winter Carnival

Vernon Community Classroom brought the 80s and Labyrinth to the 65th Vernon Winter Carnival! They won Runner Up for Performance & Costumes in the Best Decorated Contest!









World Down Syndrome Day: More Than Just an Extra Chromosome

World Down syndrome Day, observed annually on March 21st, is a global awareness day. It's not simply about raising awareness; it's about celebrating the achievements, potential, and inherent value of individuals with Down syndrome and advocating for their rights and inclusion in all areas of society. The 3/21 date signifies the triplication (trisomy) of the 21st chromosome, which causes Down syndrome. But why is this specific day so important? For too long, individuals with Down syndrome have faced systemic barriers, stereotypes, and misconceptions that have limited their opportunities. World Down Syndrome Day provides a platform to challenge these biases, share positive stories, and advocate for policies and practices that promote equal access to education, healthcare, employment, and community participation. It recognizes that people with Down syndrome, just like everyone else, have dreams, goals, and the right to lead fulfilling lives.

In today's world, inclusivity is not just a buzzword; it's a necessity. When we create societies that welcome and value individuals with Down syndrome, we all benefit. Their unique perspectives, resilience, and capacity for joy enrich our communities and workplaces. Early intervention services, specialized education, and supportive healthcare play a crucial role in enabling individuals with Down syndrome to reach their full potential. When given the opportunity, they can achieve remarkable things – contributing meaningfully to society as friends, colleagues, artists, athletes, and so much more.

At Pivot Point, we are committed to supporting individuals with Down syndrome and their families, celebrating their strengths, and advocating for a world where they can thrive.

Discover how we can support your family on this journey, as we work together to build communities that recognize the beauty of every individual and ensure they are seen, valued, and have a true sense of belonging.

Unlock your child's potential with personalized support from our <u>School Age Services Program</u>.

Complete our <u>Intake form</u> for a Complimentary Consultation today!