



THE MONTHLY POINT

Pivot Point Newsletter

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Empowering Neurodiverse Teens to Graduate and Beyond

June graduations are a significant milestone for all teens, but the journey doesn't end with a diploma. Transition planning needs to start well before the end of secondary school to ensure a smooth shift into adulthood. Early planning, such as Pivot Point's PATH Teen Transition Planning, is a vital opportunity to address the unique needs of autistic and neurodiverse individuals, helping them prepare to navigate the complexities of adult life with confidence.

For those reaching adult services, Pivot Point's L.I.F.E. Services offer crucial support. Standing for Learning, Inclusion, Friendship and Employment, the L.I.F.E. service model is designed to align with the natural rhythm of an individual's life, rather than adhering to a rigid schedule. This flexibility allows services to adapt over time in response to changing goals and needs. L.I.F.E. Services enable individuals to personalize, direct, and evaluate their support in a way that works best for them. Collaboration is key: the person receiving the service and their support staff work together to establish regular check-ins and make necessary adjustments. This ongoing evaluation ensures that the support provided is effective and meaningful, enhancing the individual's quality of life.

Ultimately, the journey from high school to adulthood for autistic and neurodiverse teens, while challenging, can be a shared triumph. With comprehensive planning, dedicated support, and active family involvement, these students can achieve their goals and embark on a fulfilling adult life, celebrating their unique strengths and contributions along the way.

By starting transition planning early and utilizing adaptable services like those offered by Pivot Point, neurodiverse individuals can navigate their journey into adulthood successfully. These efforts help build a foundation for a fulfilling adult life, marked by growth, independence, and personalized support.





At Pivot Point we understand the complexities of crucial topics like post-secondary education, work-to-learn programs, financial security, employment opportunities, home and community safety, and the importance of health, wellness, and healthy relationships. Learn more about our <u>Transition Planning</u> today!

Newsletter Content Submissions

If you would like to participate in writing content, sending in

contact Rochelle at: marketing@pivotpoint.ca

photographs and/or sharing ideas for the staff newsletter, please

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our Feedback & Suggestion Form. Thank you for your input!

Great News from Pivot Point!



In March, it was a privilege to once again share our agency with seven surveyors from the Commission on Accreditation of Rehabilitation Facilities (CARF® International); an esteemed organization that sets the highest standards for care.

We are thrilled to announce that we have achieved our 5th consecutive 3-year accreditation, the highest level possible!

Discover the Magic of Summer with Pivot Point!

Summer is the perfect time for growth, exploration, and fun... and Pivot Point is excited to offer a variety of enriching day camps that provide an inclusive environment where every child can thrive, learn, and create lasting memories. With many opportunities for summer fun, there's something for everyone!



See full details on our Group Activities Page

Summer Socialization for Autistic and Neurodiverse Youth

Summer is not just a time for fun and relaxation; it's also a crucial period for social development, especially for autistic and neurodiverse youth. Engaging in social activities during the summer can have a profound impact on their emotional and social well-being.

Socialization helps children develop essential communication and interpersonal skills. For autistic and neurodiverse youth, summer camps and group activities provide a structured yet flexible environment where they can practice these skills in real-world scenarios. These interactions can improve their ability to understand social cues, express themselves, and build meaningful relationships.

Moreover, summer activities offer a break from the regular school routine, allowing children to explore new interests and hobbies. This exploration can lead to increased self-esteem and confidence as they discover and excel in areas they are passionate about. Being part of a community where they feel accepted and understood fosters a sense of belonging, which is vital for their overall mental health.

Participating in diverse group settings also teaches adaptability and resilience. Autistic and neurodiverse youth learn to navigate different social dynamics, which prepares them for future challenges in more varied environments. The friendships and memories made during summer can have lasting positive effects, helping them feel more connected and supported.

In essence, summer socialization provides a foundation for lifelong skills, enriching the lives of autistic and neurodiverse youth beyond the season.

Check out our calendar of events, featuring exciting Summer Day Camps and other fun activities across the province. Don't miss out on these amazing opportunities for your child to learn, grow, and make new friends. Visit <u>Pivot Point's Calendar of Events</u> and sign up today! Let's make this summer unforgettable!

<u>Request a Meeting</u> with a Regional Manager today, for a complimentary consultation.