

THE MONTHLY POINT

Pivot Point Newsletter



April - Autism Awareness Month

Since its inception two decades ago, Pivot Point has been a beacon of hope and progress for neurodiverse individuals and their families. Founded on the belief that every person deserves the opportunity to reach their full potential, our journey began with a commitment to create a world where differences are celebrated, not stigmatized.

In our early years, we recognized the profound need for comprehensive support systems tailored to the unique needs of neurodiverse individuals. Drawing from the latest research and best practices, we continue to develop innovative programs that prioritize holistic development and individualized care. Through partnerships with leading experts in the field and input from the neurodiverse community, we continuously refine our approach, ensuring that it is not only effective but also deeply compassionate.

Over the years, we've witnessed remarkable transformations - from timid self-doubt to bold selfassurance, from isolation to belonging, from barriers to boundless opportunities. These moments of growth and triumph fuel our dedication to continue pushing boundaries and driving positive change.

At the heart of Pivot Point's success is our team of dedicated professionals and managers, whose unwavering commitment to creating positive change has been instrumental in transforming the lives of those we support. Comprised of experts from various disciplines - from Counsellors to Behaviour Consultants, Educational Behaviour Interveners, and various other frontline staff members - our team brings a wealth of knowledge, experience, and compassion to every interaction. Their tireless advocacy, personalized guidance, and genuine empathy form the cornerstone of our approach, ensuring that each individual receives the tailored support they need to thrive. With their collective expertise and unwavering dedication, Pivot Point continues to inspire hope through our central mission of creating the positive change in life that lets individuals and families turn towards a better future.

Now, as we mark Autism Awareness Month in 2024, we celebrate not only how far we've come but also the limitless possibilities that lie ahead. With unwavering commitment and a steadfast belief in the power of inclusion, Pivot Point remains steadfast in its mission to create a world where every individual is valued, supported, and empowered to thrive.

Pivot Point helps to create resiliency in all three levels: Children and adults with Diverse Abilities are recognized as individuals; celebrated for their whole character and potential. Families are embraced as essential in the process of change and the building of success. Community members are welcomed to join with individuals and their families in their quest for health and happiness. Learn more about our System of Care today!

Newsletter Content Submissions

If you would like to participate in writing content, sending in

photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our Feedback & Suggestion Form. Thank you for your input!

CARF Survey & Accredidation

Last month marked a momentous occasion for us at Pivot Point as we had the privilege of hosting a team of seven exceptional CARF Accreditation Surveyors. The three days spent in their company were nothing short of exhilarating, serving as a testament to the dedication and passion driving our work here. With pride, we showcased the extensive efforts we undertake across the province, steadfast in our commitment to supporting neurodiverse individuals.

We eagerly await the official confirmation of our fifth accreditation certification in the near future. Exciting times ahead!



PEERS® - Empowering teens one social skill at a time.

As parents, we all want the best for our children, especially when it comes to their social wellbeing. But for parents of autistic teens, the worry about their child's social success can be particularly daunting. Will they make friends? Will they feel accepted? Will they navigate social situations with confidence? These concerns are real and can weigh heavily on parents' minds.

That's why discovering resources like PEERS® (Program for the Education and Enrichment of Relational Skills) can be a game-changer. If you're seeking support and strategies to help your autistic teen thrive socially. Learn more at: pivotpoint.ca/peers/

Starting Tuesdays for 14 weeks, April 9 to July 9, 2024. Ages 13 - 18.



<u>Unlock your teen's power of social connection</u> <u>today!</u>

Navigating Social Concerns For Neurodiverse Teens

As a parent, you naturally want the best for your child—a world where they're happy, fulfilled, and surrounded by caring friends. Yet, when your child is neurodiverse, navigating social interactions can pose unique challenges, stirring concerns about their social skills and friendships.

Witnessing your child struggle to connect or feeling they're missing out on friendship can be heart-wrenching. Worries about acceptance and inclusion by peers may weigh heavily. But know, you're not alone in these feelings. Many parents of neurodiverse children share similar concerns, a testament to your love and dedication.

Every child is unique, and there's no one-size-fits-all approach to social development. Embrace your child's strengths, no matter how small, and encourage their interests. Building social skills takes time, patience, and practice. Be their unwavering support, celebrating their progress and reminding them of their inherent value.

Seek out support networks and resources in your community. Connecting with other parents facing similar challenges can offer valuable insights and encouragement.

Remember, your child's worth isn't defined by their social skills or the number of friends they have. They're unique individuals with much to offer. Your unconditional love and support will guide them on their journey to finding their place in the world.



<u>Request a Meeting</u> with a Regional Manager today, for a free consultation.