

THE MONTHLY POINT

Pivot Point Newsletter



Neurodiversity Week: March 18 - 24, 2024

Neurodiversity Celebration Week serves as an annual reminder of the importance of embracing and celebrating the diverse range of neurological differences within our communities. It's a time to recognize the unique strengths and perspectives that neurodiverse individuals bring to the table, while also advocating for greater understanding, acceptance, and support.

Amidst this celebration, Pivot Point stands out as a beacon of positive change in the realm of supporting autistic and neurodiverse children, youth and adults. With more than two decades of experience, we have been on an inspiring journey of empowerment and advocacy.

At the heart of our approach, there's a profound dedication to acknowledging the intrinsic worth and promise of each person, regardless of their neurology. We strive to craft customized programs and interventions that not only tackle the obstacles that neurodiverse individuals face but also foster and develop their unique talents and capabilities.

Throughout our journey, we've been fortunate to play a central role in transforming attitudes and perspectives regarding neurodiversity. Through our efforts to advocate for inclusion and empathy, we've helped build more supportive environments in schools, communities, and beyond. Through educational initiatives, outreach programs, and collaborative efforts, Pivot Point has been instrumental in cultivating a culture that embraces and celebrates neurodiversity.

Furthermore, our impact at Pivot Point goes beyond offering individual support, as we are committed to driving systemic change. Through our advocacy endeavors and collaborations with policymakers and organizations, we have dedicated ourselves to advocating for the rights and requirements of neurodiverse individuals on a larger scale.

As Neurodiversity Celebration Week progresses, Pivot Point serves as a symbol of the remarkable influence that compassion, expertise, and commitment can have. Our journey towards fostering positive change is a source of inspiration for all of us, underscoring the tremendous potential for advancement and inclusivity when we fully embrace neurodiversity.

At Pivot Point we understand the complexities of crucial topics like post-secondary education, work-to-learn programs, financial security, employment opportunities, home and community safety, and the importance of health, wellness, and healthy relationships. Learn more about our [Transition Planning](#) today!

Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

Staff in the News - Leah Favaro



Pivot Point proudly highlights Leah Favaro, who has been an integral part of our team for two years, serving in various roles from frontline staff to Program Assistant, Regional Assistant, and now as a Board-Certified Behavior Analyst (BCBA).

Leah recently graduated with a BA in Psychology, majoring in ABA and minoring in Linguistics from SFU, and holds a certificate in Speech Sciences from the same institution, as well as being a graduate of the DABA program. Based in the Tri-Cities and North Fraser regions, Leah is dedicated to her clients and is actively learning sign language, further enriching her ability to serve.

Nurturing Social Success: PEERS® for Neurodiverse Youth

The journey from adolescence to adulthood is a significant milestone for any individual, yet it presents unique challenges for neurodiverse and autistic teens. Recognizing the importance of tailored planning for these teens is crucial in ensuring a smooth and successful transition. Individuals within the neurodiverse spectrum, including those on the autism spectrum, often encounter distinct social, communicative, and sensory challenges that demand careful consideration and specialized support.

Say goodbye to awkward moments and hello to a confident, socially skilled teen! PEERS® is backed by research and designed by experts from UCLA to provide practical, real-world strategies to enhance the quality of friendships and augment social skills for neurodiverse teens.

Starting Tuesdays for 14 weeks, March 26 to June 25, 2024. Ages 13 - 18.



[Unlock your teen's power of social connection today!](#)

Supporting Neurodiverse Teens through Adolescence and Puberty

Parenting teenagers is a challenge that many parents find daunting, navigating the tumultuous waters of adolescence and puberty. However, when your teen is autistic or neurodiverse, the journey becomes even more intricate. The combination of insecurities, self-doubt, and challenges with social skills can make it overwhelming for both parents and teens.

In our February blog post, "[Supporting Neurodiverse Teens through Puberty and Sexuality](#)," we delve into the unique challenges faced by caregivers and neurodiverse adolescents as they navigate the journey through adolescence and puberty.

From addressing the complexities of sexuality to understanding the shifting roles of caregivers, we offer insights and strategies to support both caregivers and teens through this transformative period.

Creating a supportive environment that encourages open communication about their emotions, providing access to mental health resources, and involving professionals experienced in neurodiversity can significantly contribute to their mental well-being. By addressing mental health needs alongside the other unique aspects of neurodiversity during this critical period, parents and caregivers can help neurodiverse teens build the resilience and coping skills necessary for a successful transition to adulthood.

Join us as we explore how to foster understanding, empowerment, and resilience in the face of these challenges.



[Request a Meeting](#) with a Regional Manager today, for a free consultation.