

EARLY INTERVENTION PROGRAM

1-1 ABA Therapeutic Services

Service Intro

We recognize that we are meeting your family very early on in your journey towards supporting your child with a diagnosis of ASD. Pivot Point's 1-1 ABA Therapeutic Services help to create a solid foundation for everyone in your home by introducing the systems that unlock fun and learning for your child.

Early Intervention services at Pivot Point are grounded in evidence based practice. This simply means that we use the science of learning theory to take the guesswork out of learning about your child. Instead, we use clearly defined professional practices to systematically study how your child needs to be taught, so that we can best support his or her learning.

Then we design programs that are specific to your child's learning needs, and which focus on increasing adaptive behaviours while helping reduce problem behaviours that may also be occurring.

Sessions are designed to engage and motivate to help your child master new skills We typically address your family's priorities in the following areas:

- Language and Communication;
- Social skills, choice making, and play;
- Daily living skills;
- Gross and fine motor;
- Early academics and school readiness

Our Clients Are

- Toddlers and young children age 18 months to 6 years of age,
- Typically with a diagnosis of ASD (which includes BC's Autism Funding),
- Any child under age 6 with Diverse Abilities who would benefit from intensive one-on-one therapeutic supports
- Once children turn 6, they typically exit this program and transition into School Ages Services, Groups, or Educational Services at Pivot Point

Pivot Point's Approach

At Pivot Point, the most important thing we value is your child's assent to treatment. This means children are motivated and engaged in their sessions, and are really excited when they see their therapists arrive!

Following the science of Learning Theory (ABA), we use Verbal Behaviour techniques (VB), Natural Environment Teaching (NET), Video Modeling, Discrete Trial Teaching (DTT) and Positive Behaviour Supports (PBS) to foster your child's skill development through fun and engaging sessions.

Our Board Certified & RASP qualified Behaviour Analysts use assessments, data collection, and direct observation to assess then write your child's individualized program. Each child's program is updated regularly to ensure progress is being made.

We encourage parent participation in your child's program. Parents are taught how to work intensively and naturally with their children to teach and generalize skills. Pivot Point's 1-1 ABA Therapeutic Services are proven to increase the adaptive behaviour of each child and to truly make a difference in the lives of the children and families we serve.



A Typical Session

When your Behavior Interventionist begins working with your child, you'll witness a sense of excitement! In our 1-1 ABA Therapeutic Services, learners undergo a process called "pairing", where each interaction with their therapist is associated with something positive and enjoyable. Establishing effective pairing is crucial at the beginning of your child's program as it leverages their individual interests to inspire and enhance their learning experience.

Moreover, our approach incorporates errorless teaching, ensuring that children are continuously learning without the frustration of making mistakes. This method creates a supportive environment that encourages a positive association with the learning process.

Some highlights of our sessions include:

- Sessions typically span 1.5 to 2 hours in length, and with a recommended frequency of 4 to 6 sessions per week, participants can expect to engage in a total of 10 to 12 hours of sessions each week.
- Sessions are flexible and can be scheduled any day of the week and during most hours of the day, based on individual needs.
- Families have the option to choose between in-home or in-clinic settings, providing a personalized and convenient approach to their therapeutic experience.
- Initial sessions focus on program set-up, assessment, treatment planning, and the introduction and training of the team to address your child's specific needs.
- Intensive and fun treatment sessions typically begin within a month of first contact.
- Sessions seamlessly integrate play into our continuous efforts to create engaging and effective learning opportunities.

How To Get Started

1. If you are already a client family, receiving services for another family member, contact your Program Assistant to ask about adding 1-1 ABA Therapeutic Services for a young child in your home.
2. If you are not yet a client family, the best way to start is to complete our online form at www.pivotpoint.ca/request-a-meeting. This is a confidential way to share your contact information, so that our Regional Manager in your community can connect with you within 24 to 48 hours.

We will work with you to schedule a time to meet for a free no-obligation information session: a 1-hour meeting that lets you explore the suitability of our services in more detail so you fully understand how to begin these services for your child. Please note that fees are individualized and will be discussed at the information session.

- The intensity and frequency of this service typically requires Early Intervention BC Autism Funding to pay for all or most sessions.
- Many parents choose to pay privately for additional sessions once services are set up. This helps extend the range and intensity of treatment throughout the year.



“Your child will practice and play their way to learning new skills every hour of every session!”



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Serving Communities Throughout BC

