

THE MONTHLY POINT

Pivot Point Newsletter



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Human Rights Day - December 10, 2023

Human Rights Day, celebrated annually on December 10th, commemorates the adoption of the Universal Declaration of Human Rights in 1948. This pivotal document enshrines the fundamental rights and freedoms to which all individuals are entitled, regardless of their nationality, ethnicity, gender, religion, or any other status. Human Rights Day serves as a global reminder of the ongoing commitment to promoting and protecting these inherent rights.

For individuals with diverse abilities and other physical or mental challenges, Human Rights Day takes on profound significance. It highlights the imperative of inclusivity and equal opportunities for everyone, irrespective of their abilities. The day serves as a platform to raise awareness about the unique challenges faced by people with disabilities and the importance of ensuring their full participation in all aspects of society.

Diverse abilities encompass a wide range of conditions, and Human Rights Day underscores the need for societies to embrace diversity and cultivate environments that are accessible and accommodating. It emphasizes the right to education, employment, healthcare, and social inclusion for individuals with disabilities. By recognizing and respecting the rights of people with diverse abilities, societies move closer to fulfilling the promise of the Universal Declaration of Human Rights and creating a world where every individual can live with dignity and contribute to the richness of their communities.

Furthermore, Human Rights Day is an opportunity to celebrate the achievements and [contributions of individuals with diverse abilities](#). It encourages a shift in perspective from focusing on limitations to recognizing the unique strengths and talents that people with diverse abilities bring to the table. By fostering an inclusive and supportive environment, societies can harness the full potential of every member and promote a culture of empathy, understanding, and equality. Ultimately, Human Rights Day serves as a call to action, urging governments, communities, and individuals to actively work towards a more just and inclusive world for all, regardless of their abilities.

Pivot Point helps to create resiliency in all three levels: Children and adults with Diverse Abilities are recognized as [individuals](#); celebrated for their whole character and potential. [Families](#) are embraced as essential in the process of change and the building of success. [Community](#) members are welcomed to join with individuals and their families in their quest for health and happiness.

Learn more about our [System of Care](#) today!

Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

Staff in the News

Thank you to everyone who made the [Mission Youth Transition Fair](#) a phenomenal success! Special thanks to our inspiring staff that attended:

L: Amy Chase-Rogers: Program Manager for Adult Services and Teen Transition Planning plus Program Assistant for Educational Services

R: Katrina Crosby: Co-Regional Manager for North Fraser, Abbotsford, Chilliwack and Hope



We delved into crucial topics like post-secondary education, work-to-learn programs, financial security, employment opportunities, home and community safety, and the importance of health, wellness, and healthy relationships.

PEERS®: Program for the Education and Enrichment of Relational Skills (ONLINE)

Unlock a World of Social Triumph for Neurodiverse Teens! A game-changer for neurodiverse teens aged 13-18!

Navigating friendships and social relationships can be challenging, but fear not! Introducing PEERS® Online – a strategic, science-backed learning tool designed to transform the lives of neurodiverse teens with unparalleled social success.

This isn't just a program; it's a life-changing experience backed by research and designed by experts. Our online platform ensures your teen stays engaged and excited to learn, providing them with practical, real-world strategies that work.



[Reserve Your Teen's Spot Today!](#)

Navigating the Social Landscape: Empowering Neurodiverse Youth

The transition from adolescence to adulthood is a significant milestone for any individual, but for neurodiverse and autistic teens, this journey can be uniquely challenging. Recognizing the importance of tailored planning for this demographic is crucial in ensuring a smooth and successful transition. Neurodiverse individuals, including those on the autism spectrum, may face distinct social, communicative, and sensory challenges that require careful consideration and specialized support.

Planning for neurodiverse, autistic teens during this transition is valuable for several reasons. Firstly, it allows for the identification and addressing of specific needs, hopes and dreams, ensuring that support is personalized and effective. By understanding the unique strengths and challenges of each individual and family, a comprehensive plan can be crafted to facilitate their journey into adulthood. This includes considerations for education, vocational training, employment opportunities, and independent living skills, and more!

Effective planning empowers neurodiverse teens to navigate the social intricacies of adulthood. Social interactions, forming connections, and participating in various aspects of community life are areas where neurodiverse individuals may require additional guidance. Pivot Point's [Online PATH](#) process helps each individual and family to create a well-thought-out plan that will help prepare them with the tools needed for a successful future.

Ultimately, the value of planning for neurodiverse, autistic teens lies in fostering independence, self-advocacy, and a sense of belonging in a society that celebrates diversity and inclusion.

For those seeking further guidance, we encourage you to explore our [Teen Transition Planning](#) at Pivot Point.

Learn more on how we can help your teen's journey from youth to a thriving adulthood, find success!

[Request a Meeting](#) and our Regional Manager in your area will connect with you for a free consultation.