

# THE MONTHLY POINT

## Pivot Point Newsletter



### National Child Day - November 20, 2023

"November 20 is celebrated as National Child Day in Canada. This special day recognizes our country's commitment to upholding the rights of children and two historic events: the 1959 signing of the UN Declaration of the Rights of the Child, and the adoption of the UN Convention on the Rights of the Child in 1989. Globally, the day is known as World Children's Day." [ChildrenFirst.Org](https://www.childrenfirst.org)

At Pivot Point, we place a high value on the privilege of assisting children and youth with autism and diverse abilities in discovering and realizing their full potential, so they can lead their best lives. Our commitment to this cause is echoed in the development of the Canadian Children's Charter, which was shaped through an inclusive process involving input from young people across the nation, including those with autism and diverse abilities. This effort was made even more comprehensive with the active participation and support of a diverse range of stakeholders, including government entities, civil society organizations, businesses from the private sector, and community leaders who share our dedication to empowering individuals with different abilities.

National Child Day, with its emphasis on recognizing and celebrating the rights and well-being of children, stands as a compassionate call to action. By acknowledging and promoting children's rights, including their right to education, safety, and protection from harm, it fosters a deeply caring and nurturing environment where every child can flourish and reach their full potential. This annual observance serves as a heartfelt reminder of our collective responsibility to create a world where the voices, needs, and dreams of children are not just heard but embraced with empathy and love.

"National Child Day is a beacon of hope, a day when we celebrate the unique abilities of every child, including those with autism and diverse talents, and pledge to empower their journey towards a brighter and more inclusive future."  
*Pivot Point Family Growth Centre Inc.*



Pivot Point is a dedicated team of professionals with extensive experience in supporting individuals with Autism and Diverse Abilities. [Our services](#) are client-centered, family-oriented, and evidence-based, drawing from Applied Behavior Analysis, Speech Therapy, Occupational Therapy, Family Counselling, Psychiatry, Neurofeedback, and other interventions as needed. Creating Positive Change!

#### Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: [marketing@pivotpoint.ca](mailto:marketing@pivotpoint.ca)

#### Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

## Staff in the News

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Central Island Vendor Fair as part of the Nanaimo Autism Expo at Bevan Park Social Centre!

Left: Rebecca Koochin | Right: Allison Hutchinson

We had an amazing time connecting with 25 incredible Central Island vendors, including Claro, CAN, and the Nanaimo Association for Community Living, all as part of the Nanaimo Autism Expo at Bevan Park Social Centre.



Making these connections with people who offer alternate services to ours was not only enlightening but also inspiring. It's always a pleasure to learn from one another & find ways to collaborate for the greater good.

## Group Activities: South Fraser / Cloverdale Eco Adventures

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Outdoor adventures provide natural settings for social interactions, where neurodivergent youth can practice communication, collaboration, and teamwork. Interacting with peers who share similar challenges can create a more understanding and accepting environment, fostering positive social experiences.

These experiences can contribute to their personal growth, social development, and overall well-being, while fostering a sense of connection to both peers and the natural world.

Eco Adventure Club is a weekly program for youth ages 7-15 where participants explore different locations and outdoor activities around their community within our unique social skill building process.

Spaces Limited. Next session dates starting November 25th. [Register today!](#)



Learn more about our [Group Activities](#) and sign up today!

## Navigating Complex Care: Building a Strong Support System

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Caring for a child, teen, or adult with diverse abilities, developmental delays, or complex care needs can be a challenging journey. The journey can be overwhelming, but it doesn't have to be lonely. At the heart of addressing these challenges lies the concept of Complex Care – a holistic approach to providing support tailored to each family's unique dynamics and experiences.

For parents and guardians of individuals with complex needs, a multi-layered support system can be a lifeline. These systems are designed to restore safety and resiliency to your family. Through a comprehensive plan, they aim to help your family regain wellness and find pathways to success.

Complex Care goes beyond simply addressing the immediate needs of the individual with complex care needs. It takes into account the entire family unit, understanding that every member plays a crucial role in the overall well-being of the family. By recognizing and respecting the uniqueness of your family's situation, Complex Care providers offer invaluable assistance in developing strategies and plans that enable your family to thrive.

In the face of these complex challenges, you don't have to navigate this journey alone. Complex Care is here to provide the guidance and support you need, ensuring your family moves towards a brighter, more resilient future. Here at Pivot Point, our Complex Care services begin by truly listening to your stories. We want to understand the needs and dreams of each person in your family.

Our Complex Care teams are trained to support individuals with ASD, FASD, ADHD, ODD, anxiety and other learning and behaviour challenges. We use ABA, Positive Behaviour Supports, and comprehensive Mental Health & Trauma informed practices, all through the lens therapeutic case management... to build clarity and synergy within the team.

Visit our [Complex Care Services](#) page for more information.

[Request a Meeting](#) and our Regional Manager in your area will connect with you for a free consultation.