

### Service Intro

Globally Funded Behaviour Consultation Services provide behavioural assessment, treatment planning and clinical supervision services for individuals with diverse abilities of any age.

The purpose of this service is to develop Behaviour Support Plans (BSP) and Safety Plans (SP) where required, to address the learning needs of each individual enabling them to function as effectively as possible within their communities.

When challenging behaviour is present, the Behaviour Consultant conducts detailed assessments to determine the function of the behaviour and develop a plan to build alternative behaviours and decrease the challenging behaviour.

Caregivers are taught to carry out these individualized interventions with hands-on demonstrations of techniques, modelling, video modelling and feedback.

The BC liaises with the funder, individuals, families and service providers to provide on-going review, training, support, and mentorship to successfully implement the plans.

This program often also includes time-limited community training events, small group work, community awareness and network building. Post consultative supports are included where needed.

### Our Clients Are

- Individuals from birth to retirement age with Diverse Abilities who are eager to improve their quality of life.
- Our clients may have a variety of diagnoses, many have a diagnosis of Autism Spectrum Disorder.
- Individuals supported by caregivers who are willing to learn and grow.
- Identified by MCFD or CLBC as being eligible for this program.

### Pivot Point's Approach

Following the science of Learning Theory (ABA), we use Positive Behaviour Supports (PBS) which focuses on changing the environment to promote more positive interactions and supportive learning environments. We teach people how to respond to the individual to maximize safety and to foster skill development in both the individual and their support network.

ABA Intervention services at Pivot Point are grounded in evidence based practice. This simply means that we use the science of learning theory to take the guesswork out of learning. Instead, we use clearly defined professional practice to systematically study how the individual needs to be taught, so that we can best support his or her learning. Then we design programs that are specific to these learning needs, and which focus on increasing adaptive behaviours while helping reduce problem behaviours that may also be occurring.

Our Board Certified Behaviour Analysts use assessments, data collection, and direct observation to assess then write individualized programs. Each person's program is updated regularly to ensure progress is being made.

We expect caregiver participation with implementing this service. Caregivers are taught how to work both intensively and naturally with the individual to teach and generalize skills. Our aim is to increase the adaptive behaviour of each individual and to truly make a difference in the lives of the people we serve!



## A Typical Session

Building an effective working relationship is essential when starting our program because it builds trust, harnesses each individual's unique interests, and connection to others, to motivate the learning process.

When your Behavior Consultant arrives for a coaching session, you'll have the opportunity to discuss both your triumphs and challenges since your last meeting, supported by relevant data. From there, the Behaviour Consultant will collaborate with you to pave the way forward.

Our approach is rooted in meeting you precisely where you are at during each session, ensuring personalized and effective support.

### Some highlights of our service include:

- The first few sessions are based on program set-up, assessment, treatment planning introducing the support plan and training your team.
- Sessions are usually 60 to 90 minutes long.
- Some services can be time limited (eg. 4 to 6 sessions adding to 10 to 12 hours in total).
- Sessions can occur In-home and in the community.
- Sessions can be conducted either in person, allowing for a face-to-face and personalized experience, or online, providing the flexibility and convenience of virtual interaction from the comfort of your chosen location.
- Once the person has met the goals from their support plan, they are typically discharged from the service. The timeline for this varies considerably for each person.

## How to get Started

1. The best way to start is to connect with your local MCFD (Children and Youth with Special Needs) or CLBC office. They will establish priority for service as well as set some goals to address your needs.
2. Once a referral to Pivot Point from MCFD or CLBC has been initiated, we work through our detailed intake process to ensure that our service is the right fit. If it's not, we offer alternative avenues of treatment and support.

Once we have deemed we can offer services, intake starts with getting to know the individual and their support system, and we go from there.

- Services are funded by the Government of BC, thus this program is *through referral only*.
- We also offer many other services which you may choose to pay privately for. This helps extend the range and intensity of treatment



*"We aim to provide the turning point towards improved quality of life!"*



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Serving Communities Throughout BC

