

ADULT SERVICES PROGRAM

Kootenay Behaviour Consultation Program (KBCP)

Service Intro

Pivot Point was chosen by CLBC to provide Clinical Behaviour Consultation Services to adult clients and service providers throughout the Kootenay region on behalf of CLBC.

The Kootenay Behaviour Consultation Program (KBCP) provides behaviour assessment, treatment planning and supervision services for adults with diverse abilities living in CLBC funded living facilities and Homeshare in the East and West Kootenays.

The purpose of this program is to assist service providers to develop Behaviour Support Plans (BSP) and Safety Plans (SP) where required. Moreover, when distressed behaviour is present, the Behaviour Consultant provides functional assessment or analysis to determine the function of the behaviour and develop a plan to build alternative behaviours or decrease the behaviour. Because all Behaviour Support and Safety Plans must be authorized by a Behaviour Consultant, the BC liaises with CLBC and service providers to provide on-going review and support of the plans.

Persons exit the program once their behavioural needs have been met and can continue to be met by their core support systems.

Who our Services Support

Pivot Point works very closely with CLBC representatives, 45 or more staff from over 15 Service Providing agencies, and nearly 100 adults with Diverse Abilities receiving support in the Kootenays.

Together, we ensure that services supported by Kootenay CLBC meet or exceed provincial mandates by conforming to international standards of best practice, exceed national health and safety practices, and are poised to continually increase the quality of care for all individuals within the residential and care programs.

In short, we support great service providers who in turn, are doing great work supporting adults in need in our community!

Pivot Point's Approach

In addition to providing assessments and developing plans to support individual clients, the development of service provider skills through ongoing training and support is a key component of the KBCP. Training is designed to assist service providers to enhance their internal capacity through the provision of three types of training services:

1. In-service training to specific staffing groups
2. Training to facilitate educational and skill building opportunities for broader audiences and support staff
3. Mentorship and facilitation of peer support amongst service providers.

Behaviour Leads & RBT

In Spring of 2016, Pivot Point began training *Behaviour Leads*. These are keen staff members identified within each of the 15 service agencies who would become the first point of contact regarding behaviour issues within their agencies.

Within a few months, the Behaviour Leads received enough training and supervision to become Registered Behaviour Technicians (see BACB.com), making the Kootenay CLBC region one of the first regions in Canada to have all service agencies hold behaviourally credentialed staff members overseeing service integrity. Way to go, CLBC!



Some of the Classes in the Program:

ABC's of Behaviour: How does behaviour work? The ABC's of behaviour looks at the three term contingency to help service providers become proficient at identifying the function of a behaviour.

Antecedent Strategies: Examines the environmental factors that can be used to prevent problem behaviours from occurring. Topics covered include: manipulating the environment, visual supports, and changing motivational factors.

Decrease Challenging Behaviour: Learn new techniques to de-escalate an issue before problems start, change the environment to be more supportive, and create systems to promote positive behaviour changes.

Developing New Behaviour: Teaching techniques and methodology for the development of communication and skills for independent living are the focus of this workshop.

Functional Communication Training: Learn to teach basic communication skills to decrease challenging behavior and increase the ability to really know what the person served is telling you.

Harnessing Motivation: Can't get the results you're looking for? Find out what motivates people, how to use it to improve their quality of life, and tips and tricks for teaching new skills.

Life-Skills Training: Learn how to teach new skills to promote independence and improved quality of life across multiple areas such as home skills, leisure activities, self-care, and more.

MANDT: This crisis prevention training is focused on equipping individuals with skills to prevent and de-escalate crisis situations and aggressive or assaultive behaviour.

Person Centred Planning: Do your plans and supports directly involve the person served? Learn how to make plans more engaging, personalized, and useful in this workshop.

Reinforcement and SR+ Strategies: Reinforcement strengthens a behaviour. Learn how to use reinforcement to develop adaptive behaviour and how to stop using it to maintain problem behaviour.

Behaviour Support

We believe that learning can last a lifetime! This is why we are so passionate about bringing evidence based strategies (i.e., tools that have been proven to be effective) into our role in supporting Service Providers throughout the Kootenays.

Accessing the program:

If you are interested in accessing this program please reach out to your CLBC Facilitator. All referrals must go through CLBC.



Scan to Visit our Website

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www.PivotPoint.ca

Serving Communities Throughout BC

