

## ADULT SERVICES PROGRAM

### Behaviour Consultation (Individualized Funding 1 to 1)

#### Service Intro

CLBC provides funding for adults with distressed and or unsafe behaviours. Pivot Point's highly credentialed Board Certified Behaviour Analysts (BCBAs) and Assistant Behaviour Analysts (BCaBAs) provide behavioural assessments, Behaviour Support Plans, and Safety Plans (where necessary), with an emphasis on improving the individual's quality of life.

Pivot Point delivers high-quality, high-outcome therapeutic intervention services which are grounded in best practices. We do this through the use of assessment, full input from the individual served and their care team, professional consultation and program development, and a high degree of accountability.

We create detailed plans, ensure our team is well-trained, and continually monitor the success of interventions to guarantee optimal outcomes.

#### The Individuals We Serve

Must be over age 19 to access this particular form of Behaviour Consultation Services.

Individuals served are always at the heart of our comprehensive care plans. Their voice, along with insights from the people in their support circles, directs our approach. We prioritize open communication, seeking permission to consult with others in their lives, fostering a collaborative and inclusive decision-making process.

Pivot Point staff have training and knowledge about a variety of different diverse abilities. We are happy to provide support to individuals regardless of their diagnosis or challenges.

We conduct a PATH and a quality of life inventory to determine what areas of life are most important to the individual to address. Through this learning we can better assist individuals in improving their overall satisfaction and quality of life.

#### Pivot Point's Approach

- We believe in person centered practice for the individuals and families we serve.
- Our programs are strength based.
- Our professional staff work within the scope of their practice.
- Our plans are grounded in best practices.
- All of our services are "self-scheduled" with flexible times.
- Our services are delivered in individuals homes and communities, or our clinics.
- Individuals are encouraged to actively participate in their intervention programs and attend community workshops if desired.
- We are accountable for the work we do with ongoing data collection procedures and detailed invoicing systems.
- There are no waitlists for services.
- We actively seek feedback from individuals, family members, and community partners.
- All of our services are tailored to each individual; starting, pausing and ending as goals of service are reached, or individualized funding is exhausted.



## A Typical Session

Individuals served are provided with a Care Plan Binder that outlines our supports and contains planning documents, including most assessments. The Behavior Consultant reviews these assessments with the individual and their care team to better understand individual preferences, priorities, and goals. Programming targets are then identified, assessments are scored, and a Positive Behavior Support Plan is drafted. If there are any dangerous behaviors or if a PRN (as-needed medication) is administered, then a Safety Plan is also created.

Once these plans are created, they are presented to the individual served, the support team, and the family, who are then trained in the implementation of the recommended interventions. Data collection is expected as this is how the effectiveness of programming is monitored. The Behavior Consultant checks in with the team on a regular basis, providing support as needed.

To ensure a comprehensive and informed approach, Pivot Point schedules Progress Review Meetings every six months, serving as valuable opportunities for reflection, evaluation, and collaborative decision-making. During these meetings, data collected over the preceding months is thoroughly reviewed, providing valuable insights into the individual's journey and the impact of the interventions on their overall well-being and quality of life.

This data-driven approach allows for a thorough assessment of the effectiveness of the support provided, enabling informed decisions to be made regarding adjustments, refinements, or new strategies moving forward.

Once the individual and/or their care team are satisfied with the outcome, Pivot Point can transition them to another internal service or assist them with accessing other community support. Individuals are always welcome to rejoin our agency if the need arises.

## How to get Started

1. If you are already a client in our Adult Services Program, contact your Program Manager to schedule a meeting to explore options that are best for you.

Alternatively, if you are paying privately for Behaviour Consultation Services (or being reimbursed via extended Health Benefits), our Adult Services Program Manager will discuss how to add this financial contribution to your existing budget so that everything runs smoothly.

2. Contact your CLBC Facilitator to enquire about funding for Behaviour Consultation Services.

3. If you're an adult not currently enrolled as a client, the optimal way to connect with us is by filling out our Request a Meeting Online Form: [www.pivotpoint.ca/request-a-meeting](http://www.pivotpoint.ca/request-a-meeting). This ensures a confidential exchange of your contact details, allowing us to get in touch with you.

We will work with you to schedule a time to meet for a free no-obligation information session; a 1-hour meeting that lets you explore the suitability of our services in more detail so you fully understand how to begin these services. Please note that fees are individualized and will be discussed at the information session.



Scan to Visit our Website

adults@PivotPoint.ca  
www.PivotPoint.ca

Serving Communities Throughout BC

