

Neurofeedback

Brain Mapping & Brain Training

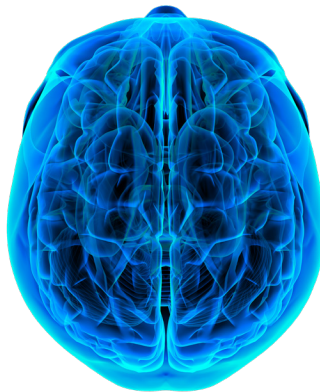
Neurofeedback Helps Train the Brain to be More Efficient

Neurofeedback Brain Mapping is the process of using EEG technology to record brainwave activity across several different locations of the scalp, so that a comprehensive report can show where and in which ways the brain is performing well and where it is not.

Neurofeedback Brain Training is a non-invasive brain training process that has two major goals: first to stabilize overall brain function by strengthening the brain's ability to routinely produce brainwaves in optimal ranges; and second, to improve the ability of the brain to shift from one brainwave state to another smoothly and effectively and remain there as long as needed. As the brain learns how to regulate itself with increasing efficiency, flexibility, organization, and resilience, individuals can experience significant improvements in many areas of their lives.

Ideal support for:

- ADHD, Focus & Concentration
- Anger & Aggression Challenges
- Autism Related Features
- Anxiety & Depression
- Sleep Issues
- Learning Challenges



For 50+ years worldwide:

- ✓ 100% Safe and Pain Free
- ✓ 100% Drug Free
- ✓ 100% Non-Invasive
- ✓ No Lasting Adverse Side Effects
- ✓ Well Documented Success Rate

“My experience with Neurofeedback has been most positive. My son has improved his life in so many areas. He has had a reduction with his anxiety; depression, and ADHD. Sleep and anger have also improved immensely. I would recommend NBF highly.”

Parent, Surrey, BC

“We have a son who has Autism. Since doing the Neurofeedback sessions we have noticed an amazing change in him. He smiles and laughs; he interacts with his younger siblings and seems to recognize if they are happy or sad. He speaks more often and his sense of humour is becoming very prominent. We would have to say that this is one of the best things that we could have done for not only our son, but our family as well.”

Parent, Chilliwack, BC