

# THE MONTHLY POINT

## Pivot Point Newsletter



### IN THIS ISSUE:

- Admin Updates
- Highlights
- Staff Spotlights
- News and Events
- Clinical Corner

Services to individuals with diverse abilities are an essential service in the province of British Columbia. As such, Pivot Point has measures in place to protect all of our clients and our staff who wish to provide / receive in-person supports. Pivot Point also provides nearly all of our services via on-line methods. View our [Safety Plan](#).

### INTERNATIONAL Youth Day August 12 & World Humanitarian Day August 19th

It's no secret that many individuals with diverse abilities have some challenges that have a direct impact on their quality of life. And, despite efforts towards awareness and understanding, there are too many that don't receive the support, care, and tools to reach their full potential. Having the opportunity to achieve their goals and live their dreams.

Some of the hardest challenges start prior to diagnosis. Well meaning family, friends, early educators claim they know how to address labels of "poor attitudes", "lack of effort", "not trying to focus" on tasks. These often lead to undermining self esteem.

The very definition says: "Self-esteem is confidence in one's own worth or abilities, self-respect. Self-esteem encompasses beliefs about oneself as well as emotional states, such as triumph, despair, pride, and shame."

In a world that is supposed to be kind, inclusive, caring, compassionate, and respectful of others, why do we neglect to accord those same basic human rights to children, especially those with challenging behaviours?

Statistically, it's lack of firsthand knowledge or not having the right supports to engage with diverse learners. We accept that everyone is different and may have their own ways of doing things. So, it makes sense that we need to remember that children are all different. They have the right to learn and grow, but maybe in order to reach the same goals, they need to be nurtured through a different path in their journey.

Pivot Point also offers a wide range of services to children and adults with Autism and other Diverse Abilities, as well as services to their family members and other service providers throughout BC. Our services include these main program areas: [Early Intervention](#), [School Age Services](#), [Educational Services](#), [Transition Planning](#), [Mental Health Services](#), [Adult Services](#), & [Complex Care Services](#).

#### Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: [marketing@pivotpoint.ca](mailto:marketing@pivotpoint.ca)

#### Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

## STAFF HIGHLIGHTS

Meet: Lindsay Monier-Williams, MA  
Mental Health Program Manager & Counsellor



Lindsay provides family and individual services to youth, adults, and couples. She strives to help improve their emotional and mental well being, develop self-awareness and build better relationships.

Lindsay uses a blend of skills-based training, solutions focused and depth therapy for a comprehensive counselling experience that not only addresses more acute needs, but also helps clients work through their past, present and future in order to create a plan for long-term change, proactive health maintenance and positive living.

Thank you Lindsay for all you do at Pivot Point!

## GROUP ACTIVITIES, DAY CAMPS, SUPPORT GROUPS & STAFF TRAINING

Available for children, teens and adults with Autism or Diverse Abilities. Whether online or in-person gatherings, participants will enjoy positive skill development, enriching social engagement inspiring growth mindset, while having fun!

Register your child and / or sponsor a child today!  
[See Details here!](#)



**3 Host Styles**  
In-Person:  
Online:  
Visit: [PivotPoint.ca](https://PivotPoint.ca)

**Pivot Point**  
Family Growth Centre Inc.

**Skilled Group Leaders**  
Social Opportunities  
Fun Activities  
Enriching Experience

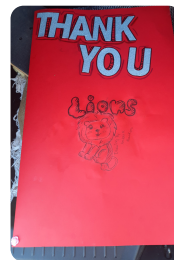
**Various Locations throughout BC**

## CLINICAL CORNER

### Seasons of Community Connection

With every summer comes new opportunities and here at Pivot Point, we love to help create those positive opportunities to share with those we support.

This year, we launched our Sponsorship program, just in time for our Summer Day Camps. Thanks to our [Hope Regional Manager](#), Katrina Crosby and her coordinated community involvements, 4 youth were able to participate in our Eco Adventure camp this month. A big shout out to the [Hope Lions Club](#) for their generosity and ongoing community support.



Last month's Clinical Corner touched on the importance and value of our HANG groups, designed to be fun social environments where teen and adult peers with ASD or Diverse Abilities get together (in-person or online) to network with others who share common interests, but that's just one of 3 styles of group activities being offered at Pivot Point.

Our second style is Developing Skills. With a set curriculum to inspire participants to work together towards acquiring skills needed to pursue their personal growth and success. "Developing... skills" style groups are well suited to children, youth, adults, caregivers, and community members who are ready to jump in and learn some new skills!

Our third style is Day camps. These are weeklong groups built for Summer, Winter and Spring Break learning and fun. These Day Camps also incorporate group styles for in-person and online participation.

Staying connected has never been so easy and fun!

Learn more about how our [HANG Activities](#) help to provide positive outlets for you and your child.

### Do you have questions about our services?

Need Assistance about our services, [Request a Meeting](#) and one of our Regional Managers in your area will connect with you for a free consultation.