

THE MONTHLY POINT

Pivot Point Newsletter

June



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Services to individuals with diverse abilities are an essential service in the province of British Columbia. As such, Pivot Point has measures in place to protect all of our clients and our staff who wish to provide / receive in-person supports. Pivot Point also provides nearly all of our services via on-line methods. View our [Safety Plan](#).

Overlapping Effects of PTSD & Traumatic Brain Injury

There are two days in June that resonate with us here at Pivot Point.

1. PTSD - Awareness Day, June 27th
2. Brain Injury - Awareness Day, June 29th

Studies have shown that PTSD is not just psychological, but can also affect the [brain's overall health](#). We already know that in many cases of Traumatic Brain Injury, PTSD is most likely to accompany an individual for either a short term or in some cases long terms, making recovery very challenging.

Brain Mapping and Brain Training are becoming more widely used to address these two areas of concerns: Brain Mapping helps pinpoint areas in the brain that are not performing as they should. It is a valuable way to identify and quantify brain performance issues helping individuals, parents and service providers to better understand the underlying root cause of many behaviours or symptoms.

Brain Training then helps to recalibrate those areas of the brain to function better, allowing individuals to better manage episodes and symptoms such as chronic pain, anxiety, depressions, and sleep disorders just to name a few. Brain Training first works towards stabilizing brain functions, and secondly to start improving the ability of the brain to shift from one brainwave state to another smoothly and effectively. As the brain learns how to regulate itself with increasing efficiency, flexibility, organization, and resilience, individuals can experience significant improvements in their lives.

Pivot Point offers a wide range of [Counselling and Mental Health](#) services for young children, teens and adults, as well as for couples and families. Our services can 'stand alone', or they can be fully integrated into other Pivot Point services for individuals or families. With our specialty in the emotional, behavioural, and relational conditions of childhood, adolescence, and adulthood, our experienced Counsellors and [Neurofeedback](#) trainers help bring hope and stability back into turbulent lives.



Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

STAFF HIGHLIGHTS

Meet Dr. Kelly Dancho, BCBA-D
Clinical Supervisor & Behaviour Consultant



Kelly holds a Doctoral Degree in Behavioral Science from the University of Kansas and is a Board Certified Behavior Analyst.

Kelly began providing behavioral services as a direct care staff member at an intensive treatment facility in the United States for children and adults with dual diagnoses in 1996.

During her 22 years of behavioral service, she has worked with typically and atypically developing children and adults ranging in age from 2-months-old to 65-years-old.

Thank you Kelly for all you do here at Pivot Point!

NEWS AND EVENTS

Sending a child to camp is not only rewarding, but life changing!

Become a Pivot Point Day Camp *sponsor* and help change the lives of deserving children with Autism and other Diverse Abilities.

See full details on our [Sponsor a Camper Page](#).



CLINICAL CORNER

Summer Camp
(by John Wang, BC Practicum)

Are you worried that your child has nowhere to go during the summer break?

Pivot Point offers exciting group programs during the summer break to enhance your children or youths' fun, social skills, communication skills, emotional regulation skills, and even problem solving skills.

Our group programs are designed to take place in fun environments where individuals with similar interests can gather together and engage in great activities.

A program instructor leads the group through activities and discussion where individuals practice conversation, sportsmanship, prosocial participation, regulating emotions, negotiation and compromising, and critical thinking.

Come and join our group programs for an amazing and unforgettable summer break!

Choose from 6 different themed summer day camps in 9 different locations throughout the province, with more being added.

New this summer is Culinary Kids!

Each day throughout this week long camp, our campers learn cooking, baking and kitchen skills as they plan and prepare many delicious recipes.

Additional themes include:

- Steam Challenge!
- Eco Adventures!
- Gamers & Actors Unite!
- Reading, Arts & Picnics!
- Student Success!

Keep an eye on our [Group Activities Page](#) to find upcoming groups!

Do you have questions about our services?

Need Assistance about our services, [Request a Meeting](#), and one of our Regional Mangers in your area will connect with you for a free consultation.