

# THE MONTHLY POINT

## **Pivot Point Newsletter**



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### **COVID-19 Update**

Services to individuals with diverse abilities are an essential service in the province of British Columbia. As such, Pivot Point has measures in place to protect all of our clients and our staff who wish to provide / receive in-person supports. Pivot Point also provides nearly all of our services via on-line methods. View our <u>Safety Plan</u>.

# **Transition Planning**

There are many transitions we will make in our lifetime, and none is more confusing and overwhelming than the transition from high school and the comforts of living at home with one's parents, into the adult world beyond... especially for those with diverse abilities.

For many parents of children with diverse abilities, planning a positive future can help them feel better about what lies ahead for their family. Whether it's for transitioning into Kindergarten or Elementary School, out of high school and into College or University, out of a hospital stay or some other significant change, or on to adult life.. a clear plan makes all the difference.

At Pivot Point, **Transition Planning** is not just about completing a few eligibility forms: It is about the entire process of defining then building a whole new phase of life. To us, great **Transition Plans** include assembling a great team, all working together to accomplish that shared vision. It is where the rubber meets the road to success.

Our Transition Coordinators typically start each family's journey with an Online PATH process (see our Clinical Corner below, or the *full blog here*). This provides an amazing kick-start to the goal setting phase. But then, beyond the PATH, our Transition Coordinators stay with the family for the entire journey, coming back every week or two to dig deeper into the details of the plan they are building together, to present the answers they've found for family questions, and to coordinate the next steps needed over the coming weeks and months.... ensuring that everything gets done!

Creating a life takes time! Some families become overwhelmed by the volume of unanswered questions they have, and the uncertainty in it all: They shut down and avoid getting started. Other families underestimate the amount of time and effort it can take to find all of the unique solutions that are right for their individual family... so they start planning far too late to achieve the best outcomes.

Pivot Point's **Transition Coordinators** put PATH and Transition Planning into action, helping each family to create the customized journey that leads towards a future they want most. Just don't wait too long!

Complete our Request a Meeting form and let us schedule a free meeting to see if we can meet your needs in YOUR community!

### **Newsletter Content Submissions**

# If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

#### Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our <u>Feedback & Suggestion Form</u>. Thank you for your input!

### STAFF HIGHLIGHTS

Meet Kerri Henry - Adult Services & Transition Planning Program Manager



Kerri began working with individuals with diverse abilities in 2007. Her passion for helping individuals and families led her to obtain her degree in Therapeutic Recreation in 2011.

In 2015 Kerri joined Pivot Point where she began working in the Adult Services program and supporting other staff to bring about positive change for our adult clients. Currently she works with a team of 60 staff to help ensure success for those served in the program, as well with teens and their families through our PATH & Transition Planning program. Accessibility is key for success for Kerri and her team as they can provide support In-Person, Online or through phone calls. "Meeting our clients on a level best suited for them, creates a positive experience for success!"

### **NEWS AND EVENTS**

Community Classrooms - Life Skills, Holiday Crafts & Baking













### **CLINICAL CORNER**

Pivot Point Re-envisions the PATH to Your Future!

Co-Authored by: Crystal Thompson, Director of Operations and Sarah Falk, Kamloops Regional Manager & Clinical Counsellor

An excerpt from our <u>blog</u>.

Have you ever dreamed about a better future for yourself, or for someone else, and wondered how to bring those hopes into reality?

PATH is a Person Centred Planning tool that has been used extensively around the world since the 1980's. It is a carefully designed process that brings people together to create a shared vision for the future, and then to launch that plan into action!

Thanks to COVID – we have created a better, easier and SAFER way for anyone to be able to participate in the magic of the PATH goal setting and transition planning process. We have redesigned it, and moved it online!



Read the <u>full blog post</u> to learn why we believe Pivot Point's new Online PATH is one of the best ways to create massive motivation, clarity, and teamwork towards common goals.

### Do you have questions about our services?

Need Assistance about our services, <u>Request a</u> <u>Meeting</u> and one of our Regional Mangers in your area will connect with you for a free consultation.