

THE MONTHLY POINT

Pivot Point Newsletter



♥ *hello* ♥
FEBRUARY

IN THIS ISSUE:

- Admin Updates
- Highlights
- Staff Spotlights
- News and Events
- Clinical Corner

COVID-19 Update

Services to individuals with diverse abilities are an essential service in the province of British Columbia. As such, Pivot Point has measures in place to protect all of our clients and our staff who wish to provide / receive in-person supports. Pivot Point also provides nearly all of our services via on-line methods. View our [Safety Plan](#).

The Importance of Socialization

For individuals with Diverse Abilities, the importance of socialization can not be understated! For many parents, the pain of their child experiencing isolation and loneliness is heartbreaking. Whether we are old or young, friendships enrich our lives, giving us a sense of belonging.

Some autistic learners can appear withdrawn and solitary. This may be through choice, but it does not necessarily mean they do not want a friend; sometimes they just don't know how to go about it in a successful way. They may be motivated to "fit in" with the crowd and have a desire for friendship but lack knowledge and experience of the incremental and complex way in which friendships develop. Many autistics confirm they want friends, but the skill set to connect with both neurotypical and other peers with diverse abilities is lacking, leaving them with negative self worth.

That's why Group Activities led by trained staff can help to guide children and youth towards social skill development that includes problem solving, team building, empathy, and patience. Leading them to understand how to handle conflict resolution with greater success. A social life is a fundamental key towards positive mental health!



Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters by completing our [Feedback & Suggestion Form](#). Thank you for your input!

STAFF HIGHLIGHTS

Meet Samanta Singh, Group Events Manager



Samanta has been evolving her career path here at Pivot Point for the last year.

Starting as a Family Support Worker, then Life Skills, Behaviour Intervener/Child Care Worker, Tutoring and now our new Events Manager.

Each of these roles comes together to fulfill her love of creating positive experiences of learning and growth for those with Diverse Abilities.

Her strong sense of community and support began when she spent two years working in a Mental Health Clinic in India. This was where she first discovered that her love of people was fulfilled by providing support services, and making a positive impact for those she served.

Welcome to the Pivot Point Family Samanta!

NEWS AND EVENTS

Now Available: Summer Day Camps and Online & In Person Helping Adolescents/Adults Network & Grow (HANG) Group Activities!

Summer Day Camps will run in July & August for a full week from 9:00 AM to 3:00 PM. Autism Funding can be applied!

See full details on our [Group Activities Page](#)



CLINICAL CORNER

The Benefits of Group Activities: Online & In-Person

Although building friendships is an essential part of life, many children and youth with Diverse Abilities struggle with social skills and with making meaningful connections.

At Pivot Point, we offer 3 styles of Group Activities that are tailored specifically for individuals with Diverse Abilities. These include Skill Development groups, Day Camp groups, and our H.A.N.G. groups. Nearly all groups are available either online or in-person. And all activities are created specifically to help children and adolescents to feel like they belong.

The feeling of belonging positively affects a person's self-image and self-esteem, motivation to achieve, and speed of adjustment to larger social groups and to new demands. General behaviors improve, goal achievement increases, and individuals report feeling they are living a happier life.

An ability to interact with other peers allows for more opportunities to practice language and self regulation skills. This becomes a positive cycle, because as communication skills improve, a person is better able to relate to and react to the people around.



Check out our [Events Calendar](#) for our Online and In-Person Group Events for all ages... including Group Events for Adults with Diverse Abilities, and Group Events dedicated to Caregiver Support!

Do you have questions about our services?

Need Assistance about our services, [Request a Meeting](#) and one of our Regional Managers in your area will connect with you for a free consultation.