

THE MONTHLY POINT

Pivot Point Newsletter



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COVID-19 Update

Services to individuals with diverse abilities are an essential service in the province of British Columbia. As such, Pivot Point has measures in place to protect all of our clients and our staff who wish to provide / receive in-person supports. Pivot Point also provides nearly all of our services via on-line methods. View our <u>Safety Plan</u>.

November 20th: National Child Day

"National Child Day has been celebrated across Canada since 1993 to commemorate the United Nations' adoption of two documents centered on children's rights: The United Nations Declaration of the Rights of the Child on November 20, 1959, and the United Nations Convention on the Rights of the Child on November 20, 1989."

Every child has something in common - their rights!

According to Child Care Canada, "Early Childhood Intervention supports child rights. This means that every child has the right to grow up in a family, to develop and participate to the maximum extent possible, and to receive support when a delay or disability is present."

Here at Pivot Point we understand that every child has the right to be happy, nurtured and allowed to reach their full potential, leading them to living their best life.

That's why our team of professionals provide a comprehensive one-to-one and small-group therapy options for children who have been diagnosed with autism spectrum disorder and other conditions. Therapy usually starts in the child's home, creating a fun and highly focused learning environment. As the child learns new skills, therapy is expanded to include early childhood education settings, the community, and other settings.



We design programs that are specific to *your child's learning needs*, and which focus on increasing adaptive behaviours while helping reduce problem behaviours that may also be occurring. For more information about our Early Intervention Services,

visit: https://pivotpoint.ca/early-intervention/

Newsletter Content Submissions

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Rochelle at: marketing@pivotpoint.ca

Newsletter Feedback

Rochelle would like to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in upcoming newsletters. Please click <u>HERE</u> to be directed to our feedback and suggestion form. Thank you for your input!

STAFF HIGHLIGHTS

Keely Ponte - Kootenay Regional Manager covering both the East and West Kootenays!



Keely recently joined Pivot Point in October 2021. She brings a BA in Professional Arts and a Major in Human Services, as well as many years of community support to Pivot Point. She has worked in victim services, various management roles, and as an Educational Assistant.

Keely is passionate about supporting Autistic children and their families which includes Mental Health supports to help them realize their dreams to live their best lives.

Her visions are about leading her team to create positive change, whether it's small or large for children, families, and the staff that she works with. Keely is excited to continue her career path where she can truly make a difference for the families in her communities.

Welcome to the Team Keely!

NEWS AND EVENTS

Life Skills - Building Relationships

A Look at our Community Classroom students around the province.











CLINICAL CORNER

Brain Mapping:

Understanding How Your Brain Works Scott Williams, PhD(c) - Clinical Counsellor An excerpt from our blog here.

Your brain is what makes you YOU.

It is the executive control center of the entire body – and the supervisor of your moods, thoughts, mental health, memories, and actions. It is the most important organ in your body and yet most of us know very little about how our brain works or whether it's even functioning properly. If only there was a way to peer inside and see how your brain is wired.

There is! It's called a Brain Map.

A brain map can provide information about many important performance patterns and underlying conditions. These include showing the impact or presence of...

- Concussions and acquired brain injury
- Attention Deficit Disorder (ADD, ADHD)
- Anxiety, depression, attitude issues
- Obsessive Compulsive Disorder (OCD)
- Schizophrenia
- Autism (ASD)
- Epilepsy
- Substance addiction,
- Dyslexia,
- Psychosis
- Tinnitus
- Sleep issues
- Brain fog, problems with concentration and memory,

Should I get a brain map?

Our professionals are happy to walk you through the process, answer any questions, and provide valuable resources to help in your decision about whether or not a brain map is right for you. You can visit our Neurofeedback Page to learn more about Pivot Point's Brain Mapping services, or book a free consultation by submitting our Explore Mental Health form so that we can help you find out if this service is right for you, or for someone you love.

Read the full Blog here!

Do you have questions about our services?

Need Assistance about our services, <u>Request a</u>
<u>Meeting</u> and one of our Regional Mangers in your area will connect with you for a free consultation.