

CAREGIVER SUPPORT: Rockstar Parent Workgroup

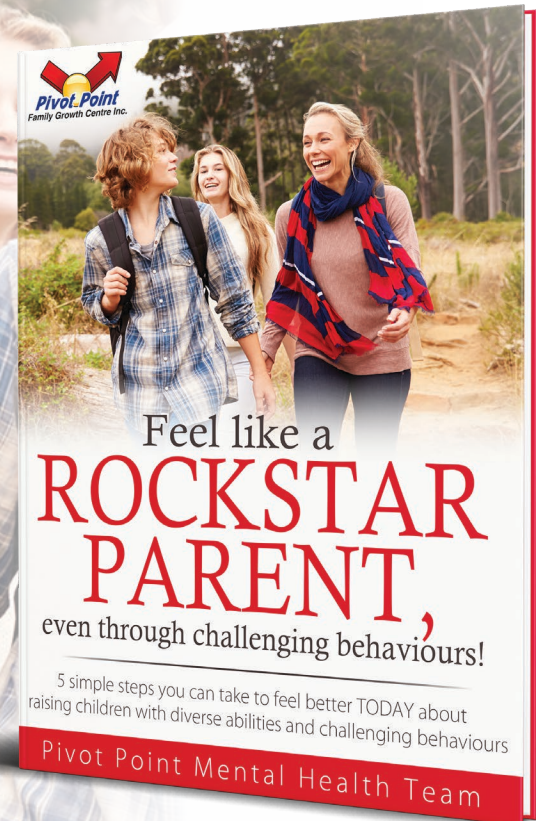
Join a small group of parents once a week as we explore the Rockstar Parent Workbook (provided).

Each of the sessions is lead by an experienced Counsellor who is committed to helping you master the secrets of great parenting... even through challenging behaviours and Diverse Abilities.

Together we'll work through the 5 Key Steps:

- Take back control of your hectic schedule
- Find out how to get a life in the midst of your crazy world
- Reclaim the power of having a plan that actually works
- Experience the sense of “balance with focus” that you’ve always dreamed of
- Learn the hidden power of creating and sustaining momentum

Cost: \$500.00 for 5 weeks



Pivot Point Online Services

Pivot Point offers a wide range of interactive online services for young children, youth and teens, adults and caregivers. Most online groups are limited to FIVE participants with 1 or 2 staff members. This ensures each person receives ample individual attention, while being part of an active group.

Scan this QR Code to register
and to learn about our additional
group activities.



Online Group Features

- ✓ Each session topic and agenda is thoughtfully preplanned
- ✓ All group time is carefully lead and monitored by trained staff
- ✓ Additional time is available for those needing 1-1 attention
- ✓ The same course is offered on different days and at different times, making it easy to fit your schedule
- ✓ We focus on making learning fun!