

# THE MONTHLY POINT

### Pivot Point Staff Newsletter



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### **ADMIN UPDATES**

Pivot Point Learning Centres Website is Live! We are thrilled to announce that our Pivot Point Learning Centres website is now LIVE! Our new site allows users to explore Pivot Point's educational services in one centralized location. This fun and accessible platform offers personalized descriptions and virtual tours of each of our Community Classrooms, photographs of our instructors and students, as well as resources and other materials! Also, people can apply for educational jobs at Pivot Point, and parents can reach us about our ed services or to enroll in our Community Classrooms! Please check out <a href="https://www.learningcentres.pivotpoint.ca">www.learningcentres.pivotpoint.ca</a>



### HIGHLIGHTS

Student Success Online!

The Abbotsford classroom is in full swing with Online Learning! Our students are in a routine and doing very well with signing on, completing their work and helping out at home! We are so proud of all our wonderful students and their supportive families! A huge thank you to our fantastic Lead Instructor Ashley Dedels and the rest of the fabulous Abbotsford team for their great work, and for sending in these awesome photos!

Our incredible EA for Abbotsford, Dalena Friesen, has been planning life skills lessons and teaching our students one new life skill a day! Last week she taught our students how to make eggs the way they liked them. One of our students learnt how to make scrambled eggs and woke up the next morning and made scrambled eggs for his mom. He also showed his little brother how to make them. On the weekend, he made eggs and delivered them to a friend's doorstep as well as to his grandparents doorstep! Way to go Dalena for teaching our students such a wonderful lesson that they are excited to share with others!

Thank you to our fantastic Lead Instructor Melissa Neufeld for showcasing of all the amazing salt dough ornaments that our Chilliwack class painted and hung up around the community! These ornaments were created to show our appreciation for all the Essentials Services workers in our community who are working during the COVID-19 pandemic. We called it our "Hearts for Heroes" because that is exactly what they are to us!











### **NEWSLETTER CONTENT SUBMISSIONS**

If you would like to participate in writing content, sending in photographs and/or sharing ideas for the staff newsletter, please contact Caroline at marketing@pivotpoint.ca

#### **NEWSLETTER FEEDBACK**

Caroline wants to hear from you! Please provide her with your feedback or let her know of specific topics that you would like to see in our newsletters. Please click HERE to be directed to our survey. Thank you for your input!





# STAFF SPOTLIGHTS

### Misty Darragh (Pictured below)

Misty has had a lot of success jumping into Online learning. She comes in with so much positive energy and excitement that the students feel her support just as if they were still in the classroom. With Misty's flexibility and enthusiasm, our students have maintained a steady flow of success as they complete their online learning. We are very grateful for Misty's support to our students and other instructors!







# **NEWS AND EVENTS**

### More Love For Essential Service Workers!

Spread the love, not the virus! British Columbians have been hanging homemade heats in their windows to show solidarity during the COVID-19 pandemic. Thank you to our fantastic Abbotsford Regional Manager Chelsea Melia for sending us this photo of our window in our Abbotsford Community Classroom.



### Celebrating Earth Day 2020!

On Wednesday, April 22 we celebrated Earth Day! Our Chilliwack Online Classroom wore green and wrote about what we can do to take care of our planet. They wanted to share their love for the Earth through their Earth Art in today's online lessons! Reduce waste, Reuse when you can and Recycle when possible is what we all promised to do to help protect our Earth.



## **CLINICAL CORNER**

# Mental Health Awareness & Caregiver Support By Lindsay Monier-Williams

May is Mental Health Awareness Month. In any given year, 1 in 5 people in Canada will personally experience mental health challenges (Canadian Mental Health Association). Mental illness affects people of all ages, education, income levels, and cultures (Canadian Mental Health Association). At Pivot Point we want you to know that you are not alone!

#### Pivot Point's Online Counselling:

Pivot Point has online counselling available for our client families as well as our staff members.

Now that more funding is available through MCFD, as well as for ASD clients under age 6, we want to make sure that our staff and client families know that we have a team of professionals who are available to provide support.

Pivot Point's Mental Health team is available to our staff. In these sessions we problem solve and offer private on going sessions to address each person's needs. Please contact Lindsay Monier-Williams for more information: lindsay.monier-williams@pivotpoint.ca

#### Introduction to Healthy Living for Caregivers:

Pivot Point offers specialized services for caregivers. Our Program Managers have been hard at work developing our introduction to healthy living for caregivers.

#### "We're All In This Together" by Scott Williams (see blog here)

Our Managers and various professionals are offering 4 free online group sessions as part of our Caregiver Support Live Chat Series. These sessions will cover caregiver needs and questions related to:

- 1. Mental Health
- 2. Behaviour Intervention
- 3. Education
- 4. Transition Planning

Please visit pivotpoint.ca/CALENDAR for dates and times!



What mental health needs is more sunlight, more candor, and more unashamed conversation

-Glenn Close

