

TRANSITION PLANNING PROGRAM

Parent Orientation (Online Course)

Service Intro

Supporting your family through a life transition can be a complicated process involving many different specialists from both the government and community. With so many professionals changing roles in the community, and each family needing a unique solution, it's easy to see why families can lose focus and become uncertain of what lies ahead. Many don't know what options are available, nor how to make the best choices to lead them to a better future.

But transitioning doesn't have to be a scary venture. It is possible to take charge of your family's future!

Pivot Point's **Transition Planning Parent Orientation** was created as the safe starting point for parents who want to look ahead, but don't know where to begin.

In this "orientation" parents are introduced to the concepts of Transition Planning, while gently being supported around the realities of their own experience... because transitioning a teen into adulthood can be a complex and emotionally difficult journey for any family!

As the pieces of the process slowly start coming together in one's mind, and complexity begins to fade and make space for clarity, most parents relax substantially. They start to realize that they really DO see a way through, and that they DO have the courage to face that journey with their family... for their family.

Parents ideal for orientation are...

- Parents of a teen age 13 or 14, where the family wants to gain a strong start towards understanding the process that lies ahead.
- Parents of a teen age 15 or older, where the family is feeling overwhelmed with the thoughts of transition planning, or where the parents feel they have no idea where to begin.
- Parents who are seeking a well designed system which will help them develop a clear yet thorough plan to carry their family forward.

It's never too early to start dreaming of a great future!

Pivot Point's approach

- 1. Watch our Parent Orientation video:** This 3 hour online video course lets parents start with a big picture view of the road ahead!
- 2. Complete a PATH:** This 3 hour family visioning and planning meeting helps identify goals for the future, and unites the family around those shared hopes and dreams!
- 3. Draft a Person-Centered Plan:** This detailed transition plan is unique to each child and family and becomes the step-by-step plan to reach those goals stated in the PATH!
- 4. Assign a Transition Coordinator:** This person is the family's personal guide for the journey who will personally assist with every step of the way.
- 5. Enroll key people:** Building a winning team ensures that the process is always moving forward.
- 6. Work the Plan:** Take steps as a family through the important years towards and into adulthood.
- 7. Celebrate successes:** Cherish family experiences while moving forward positively!

The Parent Orientation Video...

Once parents register for the online video course and pay the nominal fee, they are given unlimited access to this online course for 30 days. Registration includes receiving our Teen Transition Planning Guide, which may be picked up from any Pivot Point office!

The course is an ideal starting point for parents and caregivers with sons and daughters aged 14 and up because it helps each family start to understand the entire 8 to 10 year journey that lies ahead... turning that from a daunting idea, into a fun and cautiously hopeful experience!

Some parents watch small sections each day over a week or two, while others sit back and watch the entire video from start to finish... knowing they can return to re-watch any sections as many times as they'd like within their 30 days.

Parents helping parents

In addition to the online Parent Orientation Video, Pivot Point connects each family with a senior Transition Coordinator who brings personal experience and support to that family's orientation experience. This person is available for phone calls and in-person meetings to help parents make sense of their family's process, and to start mapping out the next steps of the journey. Parents are encouraged to reach out to our senior Coordinators so they don't feel like their doing it all alone! Our staff will help you to explore the difficult questions you may be facing, express and honour fears, and support you in cautiously considering what dreams may lie ahead for your family.

In this accepting and supportive environment, families learn to re-ignite their dreams for their children's and family's future.

Our goals for each orientation...

- ✓ Answer the questions: What is Person Centred Planning, and what is a PATH?
- ✓ Identify the key steps to Transition Planning and start seeing how they may apply to your family.
- ✓ Identify the roles and responsibilities of team members.
- ✓ Learn how to use the Teen Transition Planning Guide (included with training).
- ✓ Acknowledge some of the emotional barriers and struggles parents face.
- ✓ Inspire more planning and actions that help the family begin moving forward.
- ✓ Provide an opportunity for parents to link with other parents who have been through this part of the journey.



How to get started

1) Visit our website at www.pivotpoint.ca/calendar and find the link to the **Teen Transition Parent Orientation video**. This course is always available and can be started any time.

2) If you are not yet a client and would like to learn more about other services at Pivot Point, please complete our online form at www.pivotpoint.ca/request-a-meeting. This is a confidential way to share your contact information, so that one of our Regional Managers can connect with you to explore the suitability of our services in more detail.

- We strongly recommend that parents consider following the Parent Orientation with a **PATH**, and then pair that with **Transition Coordination services** to really get things moving towards your exciting future!



Contact Us Today

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