

Service Intro

Pivot Point offers privately funded assessments towards the query of **Autism Spectrum Disorders (ASD)**, Complex Developmental Behavioural Conditions (CDBC) and other childhood conditions (for children ages 2 to 18 years), as well as **IQ and Adaptive Functioning Assessments** for older teens and young adults seeking eligibility for funding through CLBC's Developmental Disability (DD) or Personalized Supports Initiatives (PSI) programs.

We work with other professionals in the community, including family physicians, pediatricians, psychiatrists, child development centers, government ministries, and school personnel to provide comprehensive assessment services and coordinated interventions.

Our clients are...

Families with a young child, youth, or teen suspected of having a significant challenge such as:

- Autism Spectrum Disorders
- Pervasive Developmental Disorders
- Anxiety, Depression, or other mood disorders
- Acquired or Traumatic Brain Injury
- Cognitive Difficulties (e.g., intellectual disability or pronounced cognitive delay)
- Learning disabilities (e.g., dyslexia)
- Inattention or hyperactivity / impulsivity (e.g., ADHD)
- Oppositional/defiant/disruptive behavior, severe tantrums
- Speech and language delays
- Intellectual Giftedness causing challenges
- Significant social difficulties

We also serve older teens and adults who require an assessment of current Adaptive Functioning related to eligibility for CLBC's adult services funding. These individuals may or may not already have a diagnosis.

Pivot Point's approach

Many families have questions about whether their child, teen, or young adult is affected by a developmental barrier. Most have struggled unsuccessfully with other less intensive supports, leaving them frustrated and eager to find meaningful solutions. Yet these same families face waitlists for public testing. Pivot Point offers a private alternative to families who want to expedite the assessment process. This can lead to discovering answers sooner, and potentially to funding, services, and meaningful change... quickly!

How to get started

Families may contact us directly to ask questions about the process, and/or to schedule their Diagnostic Assessment. There are three options to consider:

1. **Pre-Screen:** This 45 - 60 minute session with our psychologist provides a clinical impression of the possible outcomes of a full Diagnostic Assessment, so that parents can better decide if a full assessment is desired.
2. **Diagnostic Assessment (ages 2-18):** This service typically requires 4 to 6 hours (over 1 or 2 sessions), and results in a full diagnostic report of findings, including any government required paperwork related to diagnosis and funding.
3. **Adaptive Functioning Assessment (ages 16 through adult):** This service typically requires 2-3 hours in one session, and also results in a report of findings, including any government required paperwork related to our findings and funding.



The people and the process

Step 1: Contact Pivot Point Head Office toll-free at **866-531-4544** or complete our short online form at pivotpoint.ca/request-a-meeting so that we can move things forward even faster!

Each family will be contacted by our regional **Assessment Coordinator**. This person...

- Is the key contact throughout the assessment process
- Works with families to gather all required background documentation
- Schedules each pre-screen or assessment session

Step 2: Once all documentation has been gathered and appointments are booked, Pre-Screenings and/or Assessments are completed by an experienced **Registered Psychologist** at one of Pivot Point's designated offices. Pre-Screenings are typically with parents and the child/teen, whereas Assessments are a combination of parent interviews along with one-on-one testing time for the child, youth, or adult with the Psychologist. Sometimes additional interviews with other care providers/school staff may be required.

Step 3: After the assessments have been scored and a findings report has been drafted, parents are contacted for a phone debrief of the findings, and invited to come in to pick up their package of results and handouts (called, "First Steps After an Assessment"). If desired, our local **Regional Manager** can then meet parents to review the findings, discuss the documentation, and support families and individuals in taking the next steps towards securing funding and services, if appropriate.

Fees

Pivot Point provides each of these three services for a set fee, which families pay for privately. This fee includes all meetings, assessment tools, and reporting documentation. Please ask your local Assessment Coordinator for more information on our current rates and various subsidies that may be available.

Doctors & Paediatricians

For clients age 6 years and younger, the child's pediatrician must forward a copy of their pediatric assessment to be included in the parent's application for funding package to MCFD. The pediatric assessment can be submitted to Pivot Point before or after our diagnostic assessments have begun, by emailing assessments@pivotpoint.ca or faxing to **604.531.7545**.



Contact Us Today

Toll Free: 1.866.531.4544

Phone: 604.531.4544

Email: assessments@pivotpoint.ca

Office Hours: 9am-5pm, Monday-Friday

www.pivotpoint.ca/mental-health-services

Head Office Mailing Address

#24 15515 24th Avenue

Surrey, BC, Canada,

V4A 2J4

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