

SCHOOL AGE PROGRAM

My Success! (Therapeutic 1-1)

Service Intro

Pivot Point's School Age Programs provide home and community based services for youth and teens.

My Success! Is our more intensive 1-1 intervention service specifically designed for those who want to focus on a set number of concrete goals over the course of a 6 month period of intervention. Intervention typically focuses on teaching functional skills such as:

- Life skills - cooking and chores
- Daily living skills - dressing and hygiene
- Communication
- Behaviour management / self regulation
- Social Skills
- Employment skills (Teens)

Pivot Point believes that the family is at the centre of our service delivery. As such, we follow a Person Centered Planning (PCP) philosophy when identifying goals for the learner. This means that we follow the goals and priorities for each learner and their family and customize our service to match each family's circumstances.

Our clients are...

- Children and teens age 6-19 who have complex learning needs, challenging behaviours that require 1-1 attention, or who seek a more intensive and individualized service.
- Individuals with a diagnosis of ASD, FASD and Down Syndrome; though learners with any Diverse Ability or Learning Disability can thrive in this service approach.
- This program may also be of substantial benefit to individuals recovering from an acquired brain injury (regardless of age).

Pivot Point's Approach

We start by building a care team around the individual and family. Typically, this involves a Behaviour Analyst, a Program Assistant and a Child Care Worker. However, many teams also include a Speech Therapist or Occupational Therapist depending on needs.

My Success! begins with an assessment completed by our Behaviour Analysts assigned to the team. This helps us identify goals and discover which teaching approaches are most likely to be effective for the family and learner.

Next, our Child Care Workers (CCW) provide intensive support through two 2.5 hour sessions each week. Bringing teaching materials, practice activities, data collection, and rewarding experiences into each session.

Data collection is important to our service approach because it helps the family and clinician to understand which teaching approaches are working (or not) and why. This data is collected during each session and shared with the family and care team.



A typical session

- A typical session is between 1.5 and 2.5 hours in length and held in the family home, agency office, or community setting.
- A session includes teaching and practice of the identified skills. Reinforcement of the practice is a critical aspect of learning as positive reinforcement encourages learners to “keep trying” even when skills seem tough!
- Positive reinforcement varies between learners as it is very personal - what one person finds reinforcing, may not be reinforcing to another!
- Praise and other social reinforcers are encouraged however, some learners may require primary reinforcers such as food items.

The family’s role...

Once a person learns a new skill it is important that he/she is able to perform that skill with multiple people, in slightly different circumstances, with different materials and in some cases to be able to vary the response. This is why families are taught how to practice and maintain the new behaviours and skills their youth are learning. Generalization is so important!

Families who practice new skills when the CCW is not present, see the strongest learning gains in their children and teens. Your CCW and Behaviour Consultant will support you every step of the way!

How to get started

- 1) If you are already a client family, receiving services for another family member, contact your Program Assistant to ask about adding **My Success!** for a child or youth in your home.
- 2) If you are not yet a client, the best way to start is to complete our online form at www.pivotpoint.ca/request-a-meeting. This is a confidential way to share your contact information, so that our Regional Manager in your community can connect with you within 24 to 48 hours. We will work with you to schedule a time to meet for a free no-obligation information session; a 1-hour meeting that lets you explore the suitability of our services in more detail so you fully understand how to begin **My Success!** for your child or teen.

- Many families utilise **BC’s Autism Funding** (Provincial funding) to pay for all or most sessions.
- Many other parents choose to pay privately for additional sessions once services are set up. This helps extend the range and intensity of treatment throughout the year.



Contact Us Today

Toll Free: 1.866.531.4544

Phone: 604.531.4544

Email: SA@PivotPoint.ca

Office Hours: 9am-5pm, Monday-Friday

www.pivotpoint.ca

Head Office Mailing Address

#24 15515 24th Avenue

Surrey, BC, Canada,

V4A 2J4

Scan and
quickly jump
to our website!

