

Service Intro

An important step in the transition planning process involves forming a vision about where you are going! The most effective way to do this is to use an interactive, person centered planning tool called a PATH (**P**lanning **A**lternative **T**omorrow's with **H**ope).

The PATH tool is used by individuals, schools, families, community groups and businesses around the world because it brings people together to address a common issue or difficult problem. At Pivot Point, this experiential tool has helped us reach out to countless families whose children were standing on the edge of adulthood, but unsure which direction to take... or how to get there.

It is an empowering, uplifting and effective visual planning tool that was developed more than 25 years ago by people who truly believed the statement: "No one ever rose to a low expectation." It's success comes from supporting a group process that is clear, concise, collaborative, positive and respectful.

Our clients are...

Families with sons and daughters aged 14 and up, with or without Diverse Abilities.

Any youth or adult who wants help finding clarity about their hopes and dreams for the future, and to develop a clear plan to get there!

Pivot Point also provides PATH sessions for school teams, community groups, and businesses seeking an independent facilitator to guide your team through this dynamic and very positive process!

Pivot Point's approach

A PATH is an interactive meeting where like-minded people come together either in the Pathfinder's home or in a comfortable, but private community location to share ideas, collaborate and create a plan for positive change.

We believe in being inclusive and welcome the youth (also called the PATHfinder) to invite friends as well as a family to participate in the PATH. The PATH should be approached with excitement and happiness. This is the future! These are the dreams! Let's bring them to life!

At Pivot Point we encourage a "party" atmosphere for all of our PATHs because the PATH process marks the beginning of the Transition process!

A typical PATH session

A PATH generally takes about three hours to complete. A large three foot by eight foot sheet of plain paper is carefully taped to a blank wall or placed on a large table.

The PATH Facilitator begins by welcoming all guests, briefly explaining the process, and starts the event by asking the youth to share his or her dreams. What is your vision of the future? Where will you live? What will you do for work? What will you do for fun?

The PATH Graphic Recorder begins drawing images and writing down words on the page that best describe the Pathfinder's answers. Family and friends are encouraged to participate, keeping in mind that this is a positive experience, and the number one thing to remember is to "NEVER limit the dream!"



Deeper along the PATH...

It is important to note that the DREAM is not necessarily the same as the goals. The Pathfinder is encouraged to vision, dream, imagine the best future he or she could possibly hope for, and from those dreams, the goals are shaped, discussed by the group and captured by the Graphic Recorder.

Many families have expressed concern that by capturing the Dream, these things might not be possible for the individual; setting them up for disappointment. However, it is important to understand the reason behind this important initial stage... Identifying and capturing **The Dream** teaches us valuable things about the individual and helps us to identify the Pathfinder's true "passion" and zest for life. Only then can we start to build a fantastic, empowering future that includes many meaningful elements of that Dream!



How to get started

- 1) If you are already a client, contact your Program Assistant to ask about scheduling a PATH for your family!
- 2) If you are not yet a client, the best way to start is to complete our online form at www.pivotpoint.ca/request-a-meeting. This is a confidential way to share your contact information, so that one of our Regional Managers can connect with you to explore the suitability of our services in more detail.

Once started...

- A Transition Coordinator will contact you to gather some background information needed for the PATH, help you schedule the date and location, and invite your team and guests!
- A PATH session takes about 5 hours in total, including a little set up, the 3 hour meeting, and some finishing work following the meeting.
- A PATH can be provided as a stand-alone service or seamlessly integrated into other services offered by Pivot Point. However, we strongly recommend that the PATH be paired with **Transition Coordination services** as this is how the PATH gets put into action!
- Some parents choose to pay privately for the PATH while continuing to access services from other Pivot Point service areas funded via Autism Funding of BC



Contact Us Today

Toll Free: 1.866.531.4544

Phone: 604.531.4544

Email: transitions@pivotpoint.ca

Office Hours: 9am-5pm, Monday-Friday

www.pivotpoint.ca

Head Office Mailing Address

#24 15515 24th Avenue

Surrey, BC, Canada,

V4A 2J4

Scan and
quickly jump
to our website!

