

# ADULT SERVICES PROGRAM

## Kootenay Behaviour Consultation Program (KBCP)

### Service Intro

In August 2013, Pivot Point was chosen by CLBC to provide Clinical Behaviour Consultation Services to adult clients and service providers throughout the Kootenay region on behalf of CLBC.

The Kootenay Behaviour Consultation Program (KBCP) provides behavioural assessment, treatment planning and supervision services for adults with diverse abilities living in residential care and Homeshare in the East and West Kootenays.

The purpose of this program is to assist service providers to develop Behaviour Support Plans (BSP) and Safety Plans (SP) where required. Moreover, when problem behaviour is present, the Behaviour Consultant provides functional assessment or analysis to determine the function of the behaviour and develop a plan to build alternative behaviours or decrease the problem behaviour. Because all Behaviour Support and Safety Plans must be authorized by a Behaviour Consultant, the BC liaises with CLBC and service providers to provide on-going review and support of the plans.

### Who our services support

Pivot Point works very closely with CLBC representatives, 45 or more staff from over 15 Service Providing agencies, and nearly 100 adults with Diverse Abilities receiving support in the Kootenays.

Together, we ensure that services supported by Kootenay CLBC meet or exceed provincial mandates by conforming to international standards of best practice, exceed national health and safety practices, and are poised to continually increase the quality of care for all individuals within the residential and care programs.

In short, we support great service providers who in turn, are doing great work supporting adults in need in our community!

### Pivot Point's approach

In addition to providing assessments and developing plans to support individual clients, the development of service provider skills through ongoing training and support is a key component of the KBCP. Training is designed to assist service providers to enhance their internal capacity through the provision of three types of training services:

1. in-service training to specific staffing groups
2. training to facilitate educational and skill building opportunities for broader audiences and support staff
3. and mentorship and facilitation of peer support amongst service providers.

### Behavioural Leads & RBT

In Spring of 2016, Pivot Point began training *Behavioural Leads*. These are keen staff members identified within each of the 15 service agencies who would become the first point of contact regarding behavioural issues within their agencies.

Within a few months, the Behavioural Leads received enough training and supervision to become Registered Behaviour Technicians (see BACB.com), making the Kootenay CLBC region one of the first regions in Canada to have all service agencies hold behaviourally credentialed staff members overseeing service integrity. Way to go, CLBC!



## Classes in The Program So Far

**Antecedent Strategies:** Examines the environmental factors that can be used to prevent problem behaviours from occurring. Topics covered include: manipulating the environment, visual supports, and changing motivational factors

**Reinforcement and SR+ Strategies:** Reinforcement strengthens a behaviour. Learn how to use reinforcement to develop adaptive behaviour and how to stop using it to maintain problem behaviour.

**NVCPI:** Non-violent Crisis Prevention Intervention teaches participants how to de-escalate behaviour and manage aggressive or assaultive behaviour. This is a 2 day event and requires physical demonstration of each skill taught.

**Person Centred Service Provision:** Clients with large behavioural repertoires are less likely to engage in problem behaviour. Learn how to develop measurable adaptive behaviour goals using a Person Centered perspective.

**ABC's of Behaviour:** How does behaviour work? The ABC's of behaviour looks at the three term contingency to help service providers become proficient at identifying the function of a behaviour.

**Developing New Behaviour:** Teaching techniques and methodology for the development of communication and skills for independent living are the focus of this workshop.

## Behavioural Support

We believe that learning can last a lifetime!

This is why we are so passionate about bringing evidence based strategies (i.e., tools that have been proven to be effective) into our role in supporting Service Providers throughout the Kootenays.

## Our Mission & Vision:

To help create the turning point in people's lives that will give inspiration and focus to personal growth and success.

At Pivot Point we envision a world where "Relationships and Leadership create Positive Change". We strive to be world leaders in therapeutic interventions to the individuals we serve. We believe that when we work together, we change lives for the better!



## Contact Us Today

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